

## Did You Know Your Animals Could Be Healed Naturally?

Ever since I was a young girl, I was very sensitive and in tune with the people and animals around me. I had such a love of animals that I would dream of a world where people and animals were

all happy, feeling love, and living in harmony.

In my twenties, searching for peace myself, I found Hypnotherapy and started to heal my body and mind. My life improved so much from experiencing this healing modality. I decided this was something I needed to be able to offer to other people to help them achieve this level of peace and happiness too. I could start to realize my dream.

I became a Clinical Hypnotherapist and was excited to be assisting others in improving their lives on all levels – physically, mentally, emotionally and spiritually. I understood very quickly that everything is energy – our bodies, our thoughts, our feelings. I then decided to study Reiki as well and become a Master/Teacher so I could help others to use their energy in the best possible way.

After studying these modalities, I understood my abilities/sensitivities so much more! They have helped me to be extremely effective in my work. I felt that these abilities are a gift that I am meant to

I started to work with animals and found that they are very open to healing energy. Not only would they respond to the healing sessions very quickly, they would also communicate with me. When I am working with animals, I can feel what they are feeling. This helps me to let the owners know what is going on in their body, which is very helpful when they aren't sure if their dog, horse, or cat is in pain or not (and many other situations).

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Animals show me what is going on in their lives very clearly. Often when an animal is having a problem, it can be connected to the people in their lives and what they are experiencing at that time. Our animals will mirror us – health/behavior – to teach us and help us to shift and change what isn't healthy or good for us.

I am very passionate about working with animals because of the strong connection they have with their people. They love us unconditionally and will do whatever they can to make us happy. They are truly angels on earth.

I do believe we are all on this journey together and as we each heal ourselves, we are helping to heal the world and create harmony.

